COVID-19 Vaccine

What You Should Know After You Get a COVID-19 Vaccine

RESPONSE
Coronavirus (COVID-19)

CONTRA COSTA
HEALTH SERVICES

CONTRA COSTA
HEALTH SERVICES

Common Side Effects

- You may have some mild short-term side effects after being vaccinated, such as swelling at the injection site, fatigue, headache or fever. This is a normal sign that your body is building protection. Contact your healthcare provider if you have concerns about persistent side effects.

Building Up Immunity After Your Vaccination

- A person is considered "fully vaccinated" 14 days after receiving the last required dose of vaccine.

- If you received the single-dose Johnson & Johnson/Janssen vaccine, you will be protected 14 days after you get your first and only shot.

- It takes two doses of the Pfizer or Moderna vaccines to provide full protection. 14 days after the second dose you will have the maximum protection from these vaccines.

What You Can Do After You're Fully Vaccinated

- Once you are fully vaccinated, the Centers for Disease Control & Prevention (CDC) says you may:

  o Socialize with other fully vaccinated people indoors without wearing masks or staying 6 feet apart

  o Meet with unvaccinated people from one other household indoors without wearing masks or staying 6 feet apart if everyone in the other household is at low risk for severe disease (such as children)

  o You will no longer need to quarantine if you come into contact with someone with COVID-19

- As more people are vaccinated and have immunity from COVID, we will gradually be able to return to a more normal way of life.

- For now, continue wearing masks in public and avoid large indoor gatherings.