

Respiratory Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

- | | |
|---------------------------------------|--|
| 1. Fever (100°F or 37.8°C or higher)? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 2. Sore throat? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 3. Cough? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 4. Nasal congestion? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| 5. Runny nose? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

SHOULD I KEEP MY CHILD HOME?

- If you checked “Yes” to fever AND one of the other symptoms, **keep your child home for at least 10 days after their symptoms began.**
 - **If they still have cough and fever after 10 days, continue to keep them home** until 3 days (72 hours) after their fever has gone away (without using a fever-reducing medication like Tylenol or ibuprofen) **AND** your symptoms like cough, body aches or sore throat have improved.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider’s recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD’S SCHOOL?

- If you checked “Yes” to fever AND one of the other symptoms, tell your child’s attendance office that your child is home with a respiratory (influenza-like) illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child’s attendance office.