



May 5, 2021

Getting vaccinated is the best gift you can give this Mother's Day

Thanks to safe and highly effective COVID-19 vaccines, many people in Contra Costa can celebrate Mother's Day in person this year.

People who are fully vaccinated can safely gather on Sunday with small groups of other fully vaccinated people, or with unvaccinated people from one other household.

If you have not yet received your vaccine, making your appointment and getting vaccinated is the best gift you can give this Mother's Day.

This is also a great time to remind moms-to-be that getting a COVID-19 vaccine during pregnancy can protect you and your baby from severe illness or complications from COVID-19. If you have questions about getting vaccinated, CCHS recommends talking to your healthcare provider.

[Make an appointment online](#) or by calling 833-829-2626. You can also visit one of our clinics that [do not require an appointment](#).

And if your mom needs help making an appointment, try our [Help Your Neighbor](#) tips.

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