



## SCHOOLS Guidance for Suspected or Confirmed COVID-19 Cases

Scenario	Immediate Action	Follow Up
<p><b>COVID-19 Symptoms</b></p> <p>(e.g., fever, cough, loss of taste or smell, difficulty breathing)</p>	<p>Send home and advise contact with primary care provider for recommendations regarding need for testing. If not available through their primary care provider, testing is available <a href="#">through CCHS</a>. If COVID-19 ruled out by primary care provider or negative test result, can return 24 hours after symptoms resolve.</p> <p>If symptomatic <b>and</b> a known contact to a positive case, refer to the "Contact to COVID19 – Symptomatic" instructions below.</p>	<p>School/classroom remain open.</p> <p>Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS.</p> <p>No notification of CCHS required.</p>
<p><b>Negative COVID-19</b></p> <p>*Testing recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</p>	<p>If no symptoms <b>and</b> not a contact to a COVID19 positive individual, may return to school.</p> <p>If symptoms present, may return to school after 24 hours of symptom improvement and no fever (without the use of fever-reducing medication).</p>	<p>Remain open.</p> <p>Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS.</p> <p>No notification of CCHS required.</p>
<p><b>Positive COVID-19</b></p> <p>Individuals with a laboratory confirmed COVID-19 <a href="#">PCR</a> or <a href="#">Antigen</a> test result.</p>	<p>Must <a href="#">isolate at home</a>. The timelines for returning are:</p> <ul style="list-style-type: none"> <li>• <b><u>With symptoms</u></b>: May return after 10 days have passed since start of symptoms, as long as symptoms are improving and there is no fever for 24 hours (without fever-reducing medication).</li> <li>• <b><u>Without symptoms</u></b>: May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours (without fever-reducing medication).</li> </ul>	<p><b>CCHS Notification:</b></p> <ol style="list-style-type: none"> <li>1. Notify CCHS using: <a href="#">CCHS School Intake Form</a></li> <li>2. CCHS Locations Case Investigator will follow up with school liaison to coordinate next steps.</li> </ol> <p>Employee notification requirements can be found in Section 4 of <a href="#">CA AB685</a>.</p>



	<p><u>No repeat testing required to return to school.</u></p> <p><b>Next Steps:</b></p> <ol style="list-style-type: none"> <li>1. Identify close contacts and proceed with case notification. <ol style="list-style-type: none"> <li>a. CCHS has a sample script for case interviews and sample template notification letters for <a href="#">students</a> and <a href="#">staff</a> who have been exposed.</li> </ol> </li> <li>2. <a href="#">Quarantine and exclude exposed contacts</a> for 14 days after the last date the case was present at school while infectious.</li> <li>3. Recommend <a href="#">testing</a> of contacts, but testing negative will not shorten 14-day quarantine.</li> </ol>	<p><b>Cleaning Instructions:</b></p> <p>If notified of a positive COVID-19 case within previous 24 hours – close, clean and sanitize the affected areas concentrating on all high touch surfaces and areas where positive case(s) spent their time. Classroom and other affected areas can reopen once sanitized.</p>
<b>Contact to COVID-19 No symptoms</b>	<p>Must <a href="#">quarantine at home</a> for 14 days after the last known close contact with the positive case, whether tested or untested. Testing is highly recommended, but a negative test does not release one from quarantine. Symptoms can develop even after testing negative within 14 days after exposure, so strict adherence to quarantine is required. Testing is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</p>	<p>No notification of CCHS required.</p>
<b>Contact to COVID-19 Symptomatic</b>	<p>Must <a href="#">quarantine at home</a> for 14 days after the last known close contact with the positive case. Testing is highly recommended and if completed and returns positive, refer to actions and follow up for “Positive COVID-19.” If tests negative, must complete 14-day quarantine.</p>	<p>No notification of CCHS required unless positive test result.</p>
<b>Resources</b>	<ul style="list-style-type: none"> <li>• <a href="#">CDPH School Guidance Document</a></li> <li>• <a href="#">CDPH Coronavirus Page</a></li> <li>• <a href="#">Contra Costa Coronavirus Schools Guidance Page</a></li> <li>• <a href="#">CDC Cleaning Disinfection &amp; Hand Hygiene in Schools</a></li> <li>• <a href="#">CCHS Cleaning and Disinfecting After a Covid-19 Case</a></li> <li>• <a href="#">CCHS Quarantine and Isolation Instructions</a></li> <li>• Template Letters to Notify of Exposure: <ul style="list-style-type: none"> <li>• <a href="#">Staff</a></li> <li>• <a href="#">Student</a></li> </ul> </li> </ul>	<p><b>CCHS Contacts:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">CCHS School Intake Form</a></li> <li>• <b>CCHS Schools Team Email:</b> <a href="mailto:covid.schools@cchealth.org">covid.schools@cchealth.org</a></li> <li>• <b>CCHS General Covid Information Hotline:</b> (844) 729-8410</li> <li>• <b>CCHS COVID Schools Liaison Hotline:</b> (925) 608-5315</li> </ul>

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