### SCHOOLS Guidance for Suspected or Confirmed COVID-19 Cases

<table>
<thead>
<tr>
<th>Scenario</th>
<th>Immediate Action</th>
<th>Follow Up</th>
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<tbody>
<tr>
<td><strong>COVID-19 Symptoms</strong></td>
<td>Send home and advise contact with primary care provider for recommendations regarding need for testing. If not available through their primary care provider, testing is available through CCHS. If COVID-19 ruled out by primary care provider or negative test result, can return 24 hours after symptoms resolve.</td>
<td>School/classroom remain open. Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS. No notification of CCHS required.</td>
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<td>(e.g., fever, cough, loss of taste or smell, difficulty breathing)</td>
<td>If symptomatic and a known contact to a positive case, refer to the “Contact to COVID19 – Symptomatic” instructions below.</td>
<td>No notification of CCHS required.</td>
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<td><strong>Negative COVID-19</strong></td>
<td>If no symptoms and not a contact to a COVID19 positive individual, may return to school.</td>
<td>No notification of CCHS required.</td>
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<td><em>Testing recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</em></td>
<td>If symptoms present, may return to school after 24 hours of symptom improvement and no fever (without the use of fever-reducing medication).</td>
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<td><strong>Positive COVID-19</strong></td>
<td>Must isolate at home. The timelines for returning are:</td>
<td>No notification of CCHS required.</td>
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<td>Individuals with a laboratory confirmed COVID-19 PCR or Antigen test result.</td>
<td>• <strong>With symptoms:</strong> May return after 10 days have passed since start of symptoms, as long as symptoms are improving and there is no fever for 24 hours (without fever-reducing medication).</td>
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<tr>
<td></td>
<td>• <strong>Without symptoms:</strong> May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours (without fever-reducing medication).</td>
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</tbody>
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| **CCHS Notification:**                        | 1. Notify CCHS using: CCHS School Intake Form  
2. CCHS Locations Case Investigator will follow up with school liaison to coordinate next steps.                                                                 |                                              |
|                                                | Employee notification requirements can be found in Section 4 of [CA AB685](https://www.ccpublichealth.org).                                                                                                  |                                              |
### Contact to COVID-19 No symptoms

No repeat testing required to return to school.

**Next Steps:**
1. Identify close contacts and proceed with case notification.
   - CCHS has a sample script for case interviews and sample template notification letters for students and staff who have been exposed.
2. **Quarantine and exclude exposed contacts** for 14 days after the last date the case was present at school while infectious.
3. Recommend **testing** of contacts, but testing negative will not shorten 14-day quarantine.

Must **quarantine at home** for 14 days after the last known close contact with the positive case, whether tested or untested. Testing is highly recommended, but a negative test does not release one from quarantine. Symptoms can develop even after testing negative within 14 days after exposure, so strict adherence to quarantine is required. Testing is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.

### Contact to COVID-19 Symptomatic

Must **quarantine at home** for 14 days after the last known close contact with the positive case. Testing is highly recommended and if completed and returns positive, refer to actions and follow up for “Positive COVID-19.” If tests negative, must complete 14-day quarantine.

### Resources

- CDPH School Guidance Document
- CDPH Coronavirus Page
- Contra Costa Coronavirus Schools Guidance Page
- CDC Cleaning Disinfection & Hand Hygiene in Schools
- CCHS Cleaning and Disinfecting After a Covid-19 Case
- CCHS Quarantine and Isolation Instructions
- Template Letters to Notify of Exposure:
  - Staff
  - Student

### Cleaning Instructions:

If notified of a positive COVID-19 case within previous 24 hours – close, clean and sanitize the affected areas concentrating on all high touch surfaces and areas where positive case(s) spent their time. Classroom and other affected areas can reopen once sanitized.

No notification of CCHS required unless positive test result.

### CCHS Contacts:

- CCHS School Intake Form
- CCHS Schools Team Email: covid.schools@cchealth.org
- CCHS General Covid Information Hotline: (844) 729-8410
- CCHS COVID Schools Liaison Hotline: (925) 608-5315

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