

What You Should Know After You Get a COVID-19 Vaccine

RESPONSE
Coronavirus (COVID-19)

CONTRA COSTA
HEALTH SERVICES



Side Effects

- You may have some mild short-term side effects after being vaccinated, such as swelling at the injection site, fatigue, headache or fever. This is a normal sign that your body is building protection.
- People who get the Pfizer or Moderna vaccine may experience flulike symptoms, particularly after the second dose. These symptoms usually stop in a day or so.
- For three weeks after receiving the Johnson & Johnson (Janssen) vaccine, be on the lookout for possible symptoms of a blood clot, such as severe or persistent headaches or blurred vision, shortness of breath, chest pain, leg swelling, persistent abdominal pain, easy bruising or tiny blood spots under the skin beyond the injection site.
- Contact your healthcare provider if you have concerns about persistent side effects.

Building Up Immunity After Your Vaccination

- A person is considered “fully vaccinated” 14 days after receiving the last required dose of vaccine.
- If you received the single-dose Johnson & Johnson/Janssen vaccine, you will be protected 14 days after you get your first and only shot.
- It takes two doses of the Pfizer or Moderna vaccines to provide full protection. 14 days after the second dose you will have the maximum protection from these vaccines.

What You Can Do After You’re Fully Vaccinated

- Once you are fully vaccinated, you may safely do many of things you enjoyed doing before the pandemic, particularly outdoor activities.
 - To see the Centers for Disease Control’s latest guidance on what people can do after they’re fully vaccinated, go online and visit [cdc.gov](https://www.cdc.gov)