

SCHOOLS Guidance When a Student, Teacher, or Staff Member is Symptomatic, a Close Contact, or Diagnosed with COVID-19

Scenario	Immediate Action	Follow Up
COVID-19 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing) Symptom screening per CDC *Testing recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.	Send home and advise contact with primary care provider for recommendations regarding need for testing. If not available through their primary care provider, testing is available through CCHS . If negative COVID-19 test result or COVID-19 ruled out by primary care provider (something else other than COVID-19 infection is reason for symptoms), can return 24 hours after fever resolves and symptoms start improving. If not tested and does not see primary care provider to identify cause of symptoms, can return to school 10 days after symptom onset. If symptomatic and a known contact to a positive case, refer to the "Contact to COVID19 – Symptomatic" instructions below.	School/classroom remain open. Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS. No notification of CCHS required.
Negative COVID-19 *Testing recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.	If no symptoms and not a contact to a COVID-19 positive individual, may return to school. If symptoms present, may return to school after 24 hours of symptom improvement and no fever (without the use of fever-reducing medication).	Remain open. Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS. No notification of CCHS required.
Positive COVID-19 Individuals with a laboratory confirmed COVID-19 PCR or Antigen test result.	Must isolate at home . The timelines for returning are: <ul style="list-style-type: none"> • With symptoms: May return after 10 days have passed since start of symptoms, as long as symptoms are 	CCHS Notification: <ol style="list-style-type: none"> 1. Notify CCHS using the Schools Intake Form 2. CCHS Schools or Locations Case Investigator will follow up



	<p>improving and there is no fever for 24 hours (without fever-reducing medication).</p> <ul style="list-style-type: none"> • <u><i>Without symptoms</i></u>: May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours (without fever-reducing medication). <p><u>No repeat testing required to return to school.</u></p> <p>Next Steps:</p> <ol style="list-style-type: none"> 1. Identify close contacts and proceed with case notification. <ol style="list-style-type: none"> a. CCHS has a sample script for case interviews and sample template notification letters for students and staff who have been exposed. 2. Quarantine and exclude exposed contacts for 10 days and symptom monitor Day 11-14 after the last date the case was present at school while infectious. 3. Recommend testing of contacts, but testing negative will not shorten 10-day home quarantine. 	<p>with school liaison to coordinate next steps.</p> <p>Employee notification requirements can be found in Section 4 of CA AB685. Please refer to the Cal/OSHA COVID FAQ for a school's legal obligations as an employer</p> <p><u>Disinfection Instructions:</u> If notified of a positive COVID-19 case within previous 24 hours – disinfect spaces where the case spent a large amount of time. Disinfect when students are not present..</p>
<p>Close Contact** to COVID-19 and No Symptoms</p> <p>**Close contact is a person within 6 feet from a case for more than 15 minutes, regardless of face coverings</p>	<p>Must quarantine at home for 10 days and symptom monitor Day 11-14 after the last known close contact with the positive case, whether tested or untested. Testing is highly recommended, but a negative test does not release one from quarantine. Symptoms can develop even after testing negative within 14 days after exposure, so strict adherence to quarantine is required. Testing is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</p>	<p>No notification of CCHS required.</p>
<p>Close contact** to COVID-19 and Symptomatic</p> <p>**Close contact is a person within 6 feet from a case for more than 15 minutes, regardless of face coverings</p>	<p>Must quarantine at home for 10 days and symptom monitor Day 11-14 after the last known close contact with the positive case. Testing is highly recommended and if completed and returns positive, refer to actions and follow up for "Positive COVID-19." If tests negative, must complete 10-day home quarantine and symptom monitor Day 11-14.</p>	<p>No notification of CCHS required unless positive test result.</p>

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Resources	<ul style="list-style-type: none"> • CDPH School Guidance Document • CDPH Coronavirus Page • Contra Costa Coronavirus Schools Guidance Page • CCHS Quarantine and Isolation Instructions • Template Letters to Notify of Exposure: <ul style="list-style-type: none"> • Staff • Student 	CCHS Contacts: <ul style="list-style-type: none"> • CCHS School Intake Form • CCHS Schools Team Email: covid.schools@cchealth.org • CCHS General Covid Information Hotline: (844) 729-8410 • CCHS COVID Schools Liaison Hotline: (925) 608-5315
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